

Dale G. Renlund Oct 2025 - Teacher Copy

Quote #1 (identification)

Possible Intro: Elder Renlund teaches us how to more fully take upon us the name of Christ by dividing it into five major principles: Identification, Remembrance, Emulation, Alignment, and Empowerment.

Possible engagement tool: Write the five principles on the board and check them off as you go through them or as they come up in comments. DO NOT worry about whether you get to all five quotes below. Just print out the class handout (PDF below) and they'll have all five to look at. **Quick Reminder:** The bigger goal is quality discussion that invites participation and the Spirit—covering all five quotes is not essential.

“The first parallel is identification...When we take upon ourselves the name of Jesus Christ, we link our name with His. We identify with Him. We gladly become known as Christian. We acknowledge the Savior and unapologetically stand up to be counted as His.”

Possible discussion question: How do we, as Latter-day Saints, show that we identify with Jesus Christ? (Accept all reasonable answers – logo, the name of our Church, etc.)

Quote #2 (remembrance)

Possible engagement tool: Point at the word on the board and/or say “Remembrance” —and then go over the definitions.

remembrance: the act of remembering with respect or honor; to keep their legacy alive.

“As we partake of the sacrament, we do so in remembrance of the price He paid to redeem us. We covenant anew to remember Him, recognize His greatness, and appreciate His goodness. We acknowledge repeatedly that it is only in and through His grace that we are saved from physical and spiritual death.

“Remembrance means that we follow the advice given by the Book of Mormon prophet Alma. We “let all [our] doings be unto the Lord, and whithersoever [we

go, we] let it be in the Lord; ... [we] let all [our] thoughts be directed unto the Lord; ... [and we] let the affections of [our hearts] be placed upon the Lord forever.” Even when we are occupied with other matters, we remain mindful of Him, just as we remember our own names, regardless of what else we focus on.”

Possible discussion questions: What are some of the things you like to remember about Jesus Christ? What helps you to remember Jesus Christ and His sacrifice for us? (Accept all reasonable answers – reading scriptures, going to Church, taking the Sacrament, etc.) What does being mindful of Jesus Christ look like to you—how are you mindful of Him? What did Elder Renlund mean by “just as we remember our own names, regardless of what else we focus on”?

Quote #3 (emulation)

Possible engagement tool: Go over the definition “emulate.”

emulate: to match someone’s qualities, achievements, or actions.

Say something like, “As we listen to the following quote about emulation – see which quality stands out for you today.”

“As His disciples, we change for the better when we focus on Him, more so than when we focus on ourselves. We strive to become like Him and seek to be blessed with His attributes. We pray fervently to be filled with charity, the pure love of Christ.

“As President Nelson taught in April: “As charity becomes part of our nature, we will lose the impulse to demean others. We will stop judging others. We will have charity for those from all walks of life. Charity towards all ... is essential to our progress. Charity is the foundation of a godly character.” Alongside charity, we seek, “cultivate, ... and expand” other spiritual gifts from the Savior, including integrity, patience, and diligence.”

Possible activity: Have your class help you pull out what Elder Renlund and President Nelson counseled us to do and to emulate. (The list does not need to be worded the same or include all the same items – just go with what the class comes up with):

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worded the same or include all the same items – just go with what the class comes up with):

- change for the better
- focus on Christ
- strive to become like Him
- seek for His attributes
- pray for charity
- don't demean others
- don't judge others
- charity towards people from different backgrounds
- have integrity
- be patient
- be diligent

Possible discussion questions: What attribute or advice stood out for you today, and why? (If someone says "all of them," say "true, who would like to pick one so we can discuss it"?) What attribute was most emphasized by Elder Renlund and President Nelson? (charity) Why is charity essential to becoming more like Christ? Can anyone give an example of having charity? Can we be close to the Spirit and Christ without charity?

Quote #4 (alignment)

Possible Intro: Say "Alignment" and/or point to the word on the board. Go over the definition.

alignment: work toward the same goals

“Emulating Jesus Christ leads us to a fourth parallel—alignment with His purposes. We join Him in His work...For us, part of taking upon ourselves the name of Jesus Christ involves willingly, intentionally, and enthusiastically aligning our goals with His. We join Him in His work when we “love, share, and invite.” We join Him in His work when we minister to others, especially the vulnerable and those who have been wounded, shattered, or crushed by their earthly experiences.”

Possible discussion question: In what ways do we “love, share, and invite”? What's an example of any or all of those three words, love, share and invite? How might we invite someone to join us as we worship and fellowship? Is anyone a

convert that got an invitation, or do you know of someone who is now a member because someone else invited them?

Quote #5 (empowerment)

Possible Intro: Say "Empowerment" and/or point to the word on the board. Go over the definition.

empowerment: the divine infusion of inner strength and wisdom that enables individuals to rise above limitations.

Consequently, God blesses us with more of His power. As President Nelson taught: "Each person who makes covenants in baptismal fonts and in temples—and keeps them—has increased access to the power of Jesus Christ. ... The reward for keeping covenants with God is heavenly power ... that strengthens us to withstand our trials, temptations, and heartaches better."

We become more spiritually receptive. We have more courage to confront seemingly impossible circumstances. We are strengthened more in our resolve to follow Jesus Christ. We more speedily repent and return to Him when we transgress. We become better at sharing His gospel with His power and authority. We help those in need while being less judgmental, far less judgmental. We retain a remission of our sins. We have greater peace, and we are more cheerful because we can always rejoice. His glory will be round about us, and His angels will have charge over us.

Possible activity: Make sure your class has a copy of quote #5. Say something like, "The blessings from following Jesus Christ faithfully are most promising and encouraging." Have your class help identify some of them. Have them pick one blessing from the quote and explain what it might mean or how it might look. Do up to four (or more if you have a lot of hands going up).

- increased access to the power of Jesus Christ
- strengthened to withstand trials
- strengthened against temptations
- strengthened to withstand heartaches
- More spiritually receptive
- more courage
- stronger resolve
- can repent speedily
- influentially share the gospel
- not judgmental
- retain the remission of our sins
- greater peace
- more cheerful
- the Lord's glory round about us
- angels have charge over us