

Quote #1 (whom)

Quote A

“When we think of worship, our thoughts typically turn to the ways we show religious devotion both privately and in Church services. As I have considered the matter of worshipping our Heavenly Father and His Beloved Son, our Savior, four concepts have come to mind: first, the actions that constitute our worship; second, the attitudes and feelings that figure into our worship; third, the exclusivity of our worship; and fourth, the need to emulate the Holy Beings that we worship.”

Quote B

“The object of our worship is exclusively “the only true God, and Jesus Christ, whom [He] hast sent.”

Quote C

“May we, as the ancient Nephites and Lamanites, “fall down at the feet of Jesus, and ... worship him.” May we, as commanded by Jesus, “fall down and worship the Father in [the] name [of the Son].”

Define worship: “Worship” refers to the act of reverencing, honoring, and devoting oneself to God the Father and His Son, Jesus Christ, through faith, obedience, and love. It is a deeply personal and communal

expression of gratitude, submission, and commitment to divine will.

D&C 25:12 (Jesus Christ is speaking.)

“For my soul delighteth in the song of the heart; yea, the song of the righteous is a prayer unto me, and it shall be answered with a blessing upon their heads.”

Quote #2 (sabbath)

“At the most recent general conference, Elder Patrick Kearon reminded us that “we do not gather on the Sabbath simply to attend sacrament meeting and check it off the list. We come together to worship. There is a significant difference between the two. To attend means to be present at. But to worship is to intentionally praise and adore our God in a way that transforms us!”

“Devoting our Sabbaths to the Lord and His purposes is itself an act of worship. Some years ago, then-Elder Russell M. Nelson observed: “How do we hallow the Sabbath day? In my much younger years, I studied the work of others who had compiled lists of things to do and things not to do on the Sabbath. It wasn’t until later that I learned from the scriptures that my conduct and my attitude on the Sabbath constituted a

sign between me and my Heavenly Father. With that understanding, I no longer needed lists of dos and don'ts. When I had to make a decision whether or not an activity was appropriate for the Sabbath, I simply asked myself, 'What sign do I want to give to God?'"

Quote #3 (daily)

"Even so, we cannot forget the daily acts of worship that we engage in individually and at home. The Savior reminds us, "Nevertheless thy vows shall be offered up in righteousness on all days and at all times."

Quote #4 (loyalty)

Elder Uchtdorf

"In reality, we are all travelers—even explorers of mortality. We do not have the luxury of spending our energy on anything that does not lead us and our families to Christ. Our time is one of our most precious resources. Where we invest it reveals what we value most."

Elder Christofferson

"Whatever takes precedence over worship of the Father and the Son becomes an idol. Those who reject God as the source of truth, or disavow any accountability to Him, in effect substitute themselves as their god. One who places loyalty to a party or cause ahead of divine

direction worships a false god. Even those who purport to worship God but do not keep His commandments are walking in their own way: "They draw near to me with their lips, but their hearts are far from me." The object of our worship is exclusively "the only true God, and Jesus Christ, whom [He] has sent."

Quote #5 (holiness)

"Ultimately, how we live may be the best, most genuine form of worship. Showing our devotion means emulating the Father and the Son—cultivating Their attributes and character in ourselves. If, as the saying goes, imitation is the sincerest form of flattery, then we might say with respect to Deity, emulation is the sincerest form of veneration. This suggests an active, sustained effort on our part to seek holiness. But becoming more Christlike is also the natural outcome of our acts of worship. Elder Kearon's phrase cited earlier about worshipping "in a way that transforms us" is significant. True worship is transformative."